

DILLUNS	P. COBERTA	BODY POWER 09:30 - 10:20				GIMNÀSTICA MANTENIMENT 10:30 - 11:20								LATIN DANCE 15:30 - 16:20				BODY POWER 16:30 - 17:20				LATIN DANCE KIDS 17:30 - 18:20				HIT + CORE 18:30 - 19:00		BODY POWER 19:00 - 19:50				BODY POWER 20:00 - 20:50									
	TRINQUET					HIT + CORE 10:30 - 11:00																				BOOT CAMP KIDS 18:30 - 19:20						BOOT CAMP 19:30 - 20:20				BOOT CAMP 20:30 - 21:20					
	S.1 - PABELLÓ	SPIN BIKE 09:30 - 10:20																														SPIN BIKE 19:30 - 20:20				SPIN BIKE 20:30 - 21:20					
	S.2 - PABELLÓ	PILATES 09:30 - 10:20				PILATES 10:30 - 11:20												JUDO 17:00 - 17:50				JUDO 18:00 - 18:50				PILATES 19:00 - 19:50				PILATES 20:00 - 20:50				PILATES 21:00 - 21:50							
	I.E.S. CARLES SALV.																									PILATES 19:00 - 19:50				PILATES 20:00 - 20:50											
	PISTES																	TENIS INFANTIL 17:30 - 18:20				TENIS INFANTIL 18:30 - 19:20						TENIS INFANTIL 19:30 - 20:20				TENIS ADULTO 20:30 - 21:20									
DIMARTS	P. COBERTA	LATIN DANCE 09:30 - 10:20				BODY POWER 10:30 - 11:20								FITNESS CIRCUIT 15:30 - 16:20								URBAN DANCE JOVE 17:30 - 18:20				HIT + CORE 18:30 - 19:00		BODY POWER 19:00 - 19:50				LATIN DANCE 20:00 - 20:50									
	TRINQUET	BOOT CAMP 09:30 - 10:20																								BOOT CAMP KIDS 18:30 - 19:20				BOOT CAMP 19:30 - 20:20											
	S.1 - PABELLÓ																											SPIN BIKE 19:00 - 19:50				SPIN BIKE 20:00 - 20:50									
	S.2 - PABELLÓ	IOGA 09:30 - 10:20				IOGA 10:30 - 11:20								PILATES 16:30 - 17: 20				MULTIESPORTS KIDS 17:30 - 18:20						PILATES 19:00 - 19:50				PILATES 20:00 - 20:50		IOGA 21:00 - 21:50											
	PISTA - PABELLÓ	MANTENIMENT - EDAT DAURADA 09:30 - 10:20				MANTENIMENT - EDAT DAURADA 10:30 - 11:20																																			
	I.E.S. CARLES SALV.																					TENIS INFANTIL 17:30 - 18:20		TENIS INFANTIL 18:30 - 19:20				TENIS INFANTIL 19:30 - 20:20				TENIS ADULTO 20:30 - 21:20									
DIMECRES	P. COBERTA	BODY POWER 09:30 - 10:20				GIMNÀSTICA MANTENIMENT 10:30 - 11:20								LATIN DANCE 15:30 - 16:20				BODY POWER 16:30 - 17:20				LATIN DANCE KIDS 17:30 - 18:20				HIT + CORE 18:30 - 19:00		BODY POWER 19:00 - 19:50				BODY POWER 20:00 - 20:50									
	TRINQUET					HIT + CORE 10:30 - 11:00																				BOOT CAMP KIDS 18:30 - 19:20				BOOT CAMP 19:30 - 20:20				BOOT CAMP 20:30 - 21:20							
	S.1 - PABELLÓ	SPIN BIKE 09:30 - 10:20																												SPIN BIKE 19:30 - 20:20				SPIN BIKE 20:30 - 21:20							
	S.2 - PABELLÓ	PILATES 09:30 - 10:20				PILATES 10:30 - 11:20								JUDO 17:00 - 17:50				JUDO 18:00 - 18:50				PILATES 19:00 - 19:50				PILATES 20:00 - 20:50				PILATES 21:00 - 21:50											
	I.E.S. CARLES SALV.																					PILATES 19:00 - 19:50				PILATES 20:00 - 20:50															
	PISTES																	TENIS INFANTIL 17:30 - 18:20				TENIS INFANTIL 18:30 - 19:20				TENIS INFANTIL 19:30 - 20:20				TENIS ADULTO 20:30 - 21:20											
DIJOUS	P. COBERTA	LATIN DANCE 09:30 - 10:20				BODY POWER 10:30 - 11:20								FITNESS CIRCUIT 15:30 - 16:20								URBAN DANCE JOVE 17:30 - 18:20				HIT + CORE 18:30 - 19:00		BODY POWER 19:00 - 19:50				LATIN DANCE 20:00 - 20:50									
	TRINQUET	BOOT CAMP 09:30 - 10:20																								BOOT CAMP KIDS 18:30 - 19:20				BOOT CAMP 19:30 - 20:20				BOOT CAMP 20:30 - 21:20							
	S.1 - PABELLÓ																											SPIN BIKE 19:00 - 19:50				SPIN BIKE 20:00 - 20:50									
	S.2 - PABELLÓ	IOGA 09:30 - 10:20				IOGA 10:30 - 11:20								PILATES 16:30 - 17: 20				MULTIESPORTS KIDS 17:30 - 18:20						PILATES 19:00 - 19:50				PILATES 20:00 - 20:50		IOGA 21:00 - 21:50											
	PISTA - PABELLÓ	MANTENIMENT - EDAT DAURADA 09:30 - 10:20				MANTENIMENT - EDAT DAURADA 10:30 - 11:20																																			
	I.E.S. CARLES SALV.																					TENIS INFANTIL 17:30 - 18:20		TENIS INFANTIL 18:30 - 19:20				TENIS INFANTIL 19:30 - 20:20				TENIS ADULTO 20:30 - 21:20									
DIVENDRES	P. COBERTA	BODY POWER 09:30 - 10:20																										LATIN DANCE 19:00 - 19:50				BODY POWER 20:00 - 20:50									
	TRINQUET																																								
	S.1 - PABELLÓ	SPIN BIKE 09:30 - 10:20																																							
	S.2 - PABELLÓ					PILATES 10:30 - 11:20																						PILATES 19:00 - 19:50				PILATES 20:00 - 20:50									
	I.E.S. CARLES SALV.																																								
	PISTES																	TENIS INFANTIL 17:30 - 18:20				TENIS INFANTIL 18:30 - 19:20				TENIS INFANTIL 19:30 - 20:20															
DISSABTE	P. COBERTA																																								
	TRINQUET																																								
	S.1 - PABELLÓ																																								
	S.2 - PABELLÓ																																								
	I.E.S. CARLES SALV.																																								
	PISTES					TENIS INFANTIL 10:00 - 10:50				TENIS INFANTIL 11:00 - 11:50				TENIS INFANTIL 12:00 - 12:50																											